

Beautiful Life!

Choreographer: Birgit Knudsen (DK) Februar 2007

Music: Katrine Falkenberg – It's A Beautiful Day

32 Count. Beginner

Note: Starts after 8 count. Start after the words Hey-hey-hey-hey

Section 1: Cross Rock, Chasse Right, Cross Rock, Chasse Left.

- 1–2 Cross rock right over left. Recover onto left.
- 3&4 Step right to right side. Close left beside right. Step right to right side.
- 5–6 Cross rock left over right. Recover onto right.
- 7&8 Step left to left side. Close right beside left. Step left to left side.

Section 2: Cross Right, Point Left, Cross Left, Point Right, Jazz-box Turn Right.

- 1–2 Step right foot across left. Touch left to left side.
- 3–4 Step left foot across right. Touch right to right side.
- 5–6 Step right foot across left. Step back on left.
- 7–8 Step right to right side, with $\frac{1}{4}$ turn right. Step left foot beside right. (3:00)

Section 3: Right Lock Step, Left Lock Step, Forward Rock, Shuffle $\frac{1}{2}$ Turn Right.

- 1&2 Step forward on right, lock left behind right, step forward on right.
- 3&4 Step forward on left, lock right behind left, step forward on left.
- 5–6 Rock forward on right. Rock back onto left.
- 7&8 Shuffle $\frac{1}{2}$ turn right travelling back, stepping right-left-right. (9:00)

Section 4: Shuffle $\frac{1}{2}$ Turn Right, Back Lock Step X 2, Back Rock.

- 1&2 Shuffle $\frac{1}{2}$ turn right travelling back, stepping left-right-left. (3:00)
- 3&4 Step back on right, lock left across right, step back on right.
- 5&6 Step back on left, lock right across left, step back on left.
- 7–8 Step back on right, recover onto left.

TAG: After the 2 and 4 wall. (6:00)

Pivot Turn

- 1–2 Step forward on right, $\frac{1}{2}$ turn left. (weight on left)
- RESTART: During 6th. wall, at the end of section 2. (6:00)