

Bosa Nova (Beginner Style)

32 count, 2 wall, Beginner level

Choreographer: Irene Groundwater (Canada)

Choreographed to: Blame It On The Bossa Nova by
Jane Mc Donald, CD: I Belong To You (165 bpm)

16 count intro

Stomp, Hold, Stomp, Hold, Fwd, Tog, Fwd, Hold

1-2-3-4 Stomp side Right, Hold, Stomp side Left, Hold

5-6-7-8 Right forward, Step Left beside Right, Right forward, Hold

(Option – On counts 1-2 Hold Right Hand shoulder high out to the right)

(Option – On counts 3-4 Hold Left Hand shoulder high out to the left)

(Option – On counts 5-8 Extend both hands out to the side with palms down)

(Option – On counts 5-7 Bend knees as going forward)

Stomp, Hold, Stomp, Hold, Fwd, Tog, Fwd, Hold

1-2-3-4 Stomp side Left, Hold, Stomp side Right Hold

5-6-7-8 Left forward, Step Right beside Left, Left forward, Hold

(Option – On counts 1-2 Hold Left Hand shoulder high out to the left)

(Option – On counts 3-4 Hold Right Hand shoulder high out to the right)

(Option – On counts 5-8 Extend both hands out to the side with palms down)

(Option – On counts 5-7 Bend knees as going forward)

Side, Hold, Touch, Hold, Side, Hold, Touch, Hold

1-2-3-4 Side step Right, Hold, Touch Left Ball in front of Right, Hold

5-6-7-8 Side step Left, Hold, Touch Right Ball in front of Left, Hold

(Options – Count 1 – Swing hands to right side of body, Count 3 – Snap fingers)

(Option – Count 5 – Swing hands to left side of body, Count 7 – Snap fingers)

(Option – Side, tog, side, touch, side, tog, side, touch – or – R. Vine, L Vine)

Fwd, Hold, ¼ Turn L, Hold, Fwd, Hold, ¼ Turn L, Hold

1-2 Right forward, Hold

3-4 Pivot ¼ turn left onto Left, Hold

5-6 Right forward, Hold

7-8 Pivot ¼ turn left onto Left, Hold

(Option – Hold Right hand above head making circular movements CCW for 8 counts)

(Other Option – Clap on counts 4 and 8)