

Broken Hearted Lovers

4 Wall Line Dance:- 64 Counts. Intermediate Level

Choreographed by:- Geri Morrison (UK) March 2006

Choreographed to:- 'Break My Stride' by Blue Lagoon (106 bpm) from Club Lagoon Album
(start on main vocals, on word "ain't")

Restart:- There is one restart, on Wall 1, at end of section 6 (after 48 counts) start again from beginning

Section 1 Walk, Walk, Forward Rock, Side Rock (x 2)

1 -2 Walk forward left. Walk forward right.
3& Rock forward on left. Recover onto right.
4& Rock left to left side. Recover onto right.
5 -6 Walk forward left. Walk forward right.
7& Rock forward on left. Recover onto right.
8& Rock left to left side. Recover onto right.

Section 2 Shuffle Back, Shuffle 1/2 Turn, Hip Bumps

1&2 Step back left. Close right beside left. Step back left.
3&4 Shuffle 1/2 turn right, stepping right, left, right.
5 -6 Step left to left side bumping hips left. Bump hips right.
7&8 Bump hips left. Bump hips right. Bump hips left. (6:00)

Section 3 Side, Behind, Side, Behind, Side (x 2)

1 -2 Step right to right side. Cross left behind right.
3&4 Step right to side. Cross left behind right. Step right to right side.
5 -6 Step left to left side. Cross right behind left.
7&8 Step left to left side. Cross right behind left. Step left to left side.

Section 4 Cross, Unwind 3/4, Lock Step, Full Turn, Mambo Step

1 -2 Cross right over left. Unwind 3/4 turn left, hitching left across right.
3&4 Step left forward. Lock right behind left. Step left forward.
5 -6 Make full turn left travelling forward, stepping right, left. (9:00)
7&8 Rock right forward. Recover onto left. Step right beside left.

Section 5 Cross Rock, Side Rock, Behind, Side, Cross, Side Rock, Triple Full Turn

1& Cross rock left over right. Recover onto right.
2& Rock left to left side. Recover onto right.
3&4 Cross left behind right. Step right to side. Cross left over right.
5 -6 Rock right to right side. Recover onto left.
7&8 Triple step full turn left, stepping right, left, right on the spot. (9:00)

Section 6 Side, Together, Side Together Back, Back Rock, Step, 1/2 Turn, Step

1 -2 Step left to left side. Step right beside left.
3&4 Step left to left side. Step right beside left. Step left back.
5 -6 Rock back on right. Recover onto left.
7&8 Step right forward. Turn 1/2 right on ball of left. Step right forward.

Restart Wall 1 (facing 3:00): restart dance from beginning at this point.

Section 7 Step, Pivot 1/2, Kick Ball Cross, Back Step, Side, Cross, Back, Side

1 -2 Step left forward. Pivot 1/2 turn right (weight on right).
3&4 Kick left forward. Step left beside right. Cross right over left.
5 -6 Step left back. Step right to right side.
7&8 Cross left over right. Step right back. Step left to left side.

Section 8 Step, Pivot 1/2, Kick Ball Cross, Back, Side, Cross, Back, Side

1 -2 Step right forward. Pivot 1/2 turn left.
3&4 Kick right forward. Step right beside left. Cross left over right.
5 -6 Step right back. Step left to left side.
7&8 Cross right over left. Step left back. Step right to right side.