

Caught In The Act

4 Wall Line Dance:- 64 Counts. Intermediate.

Choreographed by:- Ann Wood (UK) February 2004.

Choreographed to:- 'Who's Been Sleeping In My Bed' (109 bpm) by Glenn Frey from 'Solo Collection' CD, start on vocals.

Music Suggestion:- 'It Don't Get Better Than This' (125 bpm) by Rodney Crowell from 'Steppin' Country 4' CD, 32 count into – start on the word 'temptress'.

Section 1 Right Kick Ball Cross x2, Side Rock, Sailor Step.

1 & 2 Kick right diagonally forward right. Step right in place. Cross left over right.

3 & 4 Repeat counts 1 & 2 above.

5 - 6 Rock right to right side. Recover onto left.

7 & 8 Cross right behind left. Step left to left side. Step right in place.

Section 2 Left Kick Ball Cross x2, Side Rock, Sailor 1/4 Turn Left.

1 & 2 Kick left diagonally forward left. Step left in place. Cross right over left.

3 & 4 Repeat counts 1 & 2 above.

5 - 6 Rock left to left side. Recover onto right.

7 & 8 Cross left behind right. Turn 1/4 left stepping right in place. Step left forward.

Section 3 Rock Step, Coaster Step, Rock Step, Triple 1/2 Turn Left On The Spot.

1 - 2 Rock right forward. Recover onto left.

3 & 4 Step right back. Close left beside right. Step right forward.

5 - 6 Rock left forward. Recover onto right.

7 & 8 Triple 1/2 turn left on the spot stepping Left, Right, Left.

Section 4 Syncopated Rock Steps, Back Shuffle, Back Rock.

1 - 2 Rock right forward. Recover onto left.

& 3 - 4 Step right beside left. Rock left forward.

5 & 6 Step left back. Close right beside left. Step left back.

7 - 8 Rock right back. Recover forward onto left.

Section 5 Right & Left Touch Holds, Heel Switches, Step 1/4 Turn Left.

1 - 2 Touch right to right side. Hold.

& 3 - 4 Step right in place. Touch left to left side.

& 5 Step left in place. Touch right heel forward.

& 6 Step right in place. Touch left heel forward.

& 7 - 8 Step left in place. Step right forward. Pivot 1/4 Turn Left.

Section 6 Cross Shuffle, 2x 1/4 Hinge Turns Right, Cross Rock, Left Chasse.

1 & 2 Cross right over left. Step left to left side. Cross right over left.

3 - 4 Turn 1/4 right stepping left back. Turn 1/4 right stepping right beside left.

5 - 6 Cross rock left over right. Recover onto right.

7 & 8 Step left to left side. Close right beside left. Step left to left side.

Section 7 Cross Touch, Slow Heel Jacks.

1 - 2 & Cross right over left. Touch left beside right. Step left slightly back.

3 - 4 Touch right heel diagonally forward right. Hold.

& 5 - 6 Step right in place. Cross left over right.

& 7 - 8 Step right slightly back. Touch left heel diagonally forward left.

Section 8 & Cross, 1/4 Turn, Coaster Step, Walk Forward x2, Forward Shuffle.

& 1 - 2 Step left in place. Cross right over left. Turn 1/4 right stepping left back.

3 & 4 Step right back. Step left beside right. Step right forward.

5 - 6 Step left forward. Step right forward. Walk Walk Forward

Option:- Replace counts 5 - 6 with full turn left travelling forward stepping left, right.

7 & 8 Step left forward. Close right beside left. Step left forward. Shuffle Step