

Cowgirls twist

Description: 32-Count 4-Wall Line Dance Beginner **Level:**

Choreographer: Bill Bader, Vancouver BC (604) 684-2455

Music: "Twistin' the Night Away" (162 bpm) by from SCOOTER LEE'S HIGH TEST LOVE ALBUM **SCOOTER LEE**

STRUT FORWARD; RIGHT, LEFT, RIGHT, LEFT

1 - 2 Touch Right heel forward, Snap down Right toe

3 - 4 Touch Left heel forward, Snap down Left toe

5 - 6 Repeat 1 - 2

7 - 8 Repeat 3 - 4

STEP BACK; RIGHT, LEFT, Right, LEFT TOGETHER

9-10-11 Step straight back; Right, Left, Right

12 Step Left back beside right

3 SWIVELS TO LEFT, HOLD; 3 SWIVELS TO RIGHT, HOLD

13 Start a Traveling swivel to the left; Swivel diagonally **both heels left**

14 Swivel diagonally left **both toes**

15 Swivel diagonally left **both heels**

16 HOLD

17 Start a Traveling swivel to the right; Swivel diagonally **both heels right**

18 Swivel diagonally **both toes right**

19 Swivel diagonally **both heels right**

20 HOLD

SWIVEL HEELS LEFT, HOLD, SWIVEL HEELS RIGHT, HOLD

21 - 22 Swivel both heels diagonally left, HOLD

23 - 24 Swivel both heels diagonally right, HOLD

SWIVEL HEELS LEFT, RIGHT, CENTER, HOLD

25 - 26 Swivel both heels diagonally left, swivel both heels diagonally right

27 - 28 Swivel both heels , HOLD **left to center**

STEP RIGHT FORWARD, HOLD, TURN 1/4 LEFT ONTO LEFT, HOLD

29 - 30 Step right forward, keeping left toe in place and leaning

31 - 32 Turn 1/4 left onto Left and lean shoulders to left, HOLD

BEGIN AGAIN

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