

# Hearts And Flowers

32 count, 4 wall, beginner line dance

Choreographer Adrian Churm (UK)

Choreographed To

Hearts And Flowers by Dave Sheriff

## HEEL DIGS, COASTER STEP, HEEL DIGS, COASTER STEP

- 1-2 Touch right heel forward twice
- 3&4 Step back right, step left beside right, step right forward
- 5-6 Touch left heel forward twice
- 7&8 Step back left, step right beside left, step forward left

## RIGHT SHUFFLE, LEFT SHUFFLE, CROSS ROCK SHUFFLE 1/2 TURN RIGHT

- 9&10 Step forward right, close left beside right, step forward right
- 11&12 Step forward left, close right beside left, step forward left
- 13 Cross rock right over left
- 14 Rock back onto left  
/Steps 15-18 travel towards back wall
- 15&16 Shuffle step 1/2 turn right, stepping right, left, right

## LEFT SHUFFLE 1/2 TURN RIGHT, COASTER STEP, CHARLESTON STEPS

- 17&18 Shuffle 1/2 turn right, stepping left, right, left
- 19&20 Step back on right, step left beside right, step forward right
- 21 Step forward left
- 22 Touch right toe forward
- 23 Step right toe back
- 24 Touch left toe back

## CHARLESTON STEPS, HEEL TOE TOUCHES, 1/4 TURN LEFT

- 25 Step forward left
- 26 Touch right toe forward
- 27 Step right toe back
- 28 Touch left toe back
- 29 Touch left heel forward
- 30 Touch left toe back
- 31 Step left 1/4 turn left
- 32 Touch right beside left

REPEAT