

A Good Heart

4 Wall Line Dance:- 32 Counts. Beginner/Intermediate Level.

Choreographed by:- Rob Fowler (UK), May 2001.

Choreographed to:- 'A Good Heart' by Fergal Sharkey.

Choreographed for British Heart Foundation World Record Attempt. 2nd September 2001,

Section 1 Walk Forward, Kick with Clap, Diagonal Steps Back & Touch.

1-2 Step forward left. Step forward right. Left. Right. Forward

3-4 Step forward left. Kick right forward, clapping hands.

5- 6 Step right diagonally back right. Touch left beside right with clap.

7-8 Step left diagonally back left. Touch right beside left with clap..

Section 2 Grapevine Right, Hip Bumps Left, Hip Bumps Right.

1-2 Step right to right side. Cross left behind right.

3-4 Step right to right side. Touch left beside right. Step. Touch.

5-6 Step left to left side, bumping hips left. Bump hips left again.

7-8 Bump hips to right side. Bump hips right again. Right.

Section 3 Grapevine 1/4 Turn Left, Brush, Heel, Toe, Heel, Hook, Heel, Step.

1-2 Step left to left side. Cross right behind left.

3-4 Step left 1/4 turn left. Brush right foot forward.

5-6 Touch right heel forward. Touch right toe back.

7& Touch right heel forward. Hook right heel across left leg.

8& Touch right heel forward. Step right beside left.

Section 4 Heel, Toe, Heel, Hook, Heel, Touch, Left & Right Shuffle Backs.

1-2 Touch left heel forward. Touch left toe back.

3& Touch left heel forward. Hook left heel across right leg..

4 Touch left heel forward..

5&6 Step back left. Close right beside left. Step back left.

7&8 Step back right. Close left beside right. Step back right.