

Before the devil

Choreographer: Alan G Birchall

Suggested Music: Rodney Atkins: If You're Going Through Hell (156 bpm)

Type: 4 Wall, 32 Counts.

Level: Beginner/Intermediate

Intro: 32 count intro

Section 1 Side Rock, Cross Shuffle, 1/2 Turn Right, Forward Shuffle

1 - 2 Rock right to right side. Recover onto left.

3 & 4 Cross right over left. Step left to left side. Cross right over left.

5 - 6 Make 1/4 right stepping back onto left. Turn 1/4 right stepping right to right side.

7 & 8 Step left forward. Close right beside left. Step left forward.

Section 2 Walk x 2, Kick Ball Step, Cross, Side, 1/4 Right Sailor Turn

1 - 2 Walk forward right. Walk forward left.

Option Make full turn left stepping right, left.

3&4 Kick right forward. Step right beside left. Step left forward.

5 - 6 Cross right over left. Step left to left side.

7 & Turning 1/4 right sweep right behind left. Step left beside right.

8 Step right forward. (9:00)

Section 3 Full Turn Left (travelling forward), Heel Switches, Hand Claps

1 - 2 Turn 1/4 left stepping left forward. Turn 1/4 left stepping right back.

3 - 4 Turn 1/4 left stepping left to side. Turn 1/4 left stepping right forward.

Option Replace turn with 4 walks forward - left, right, left, right.

5 & Touch left heel forward. Step left beside right.

6 & Touch right heel forward. Step right beside left.

7&8 Touch left heel forward. Clap hands twice.

Section 4 & Rock, Triple Full Turn Right, Cross, Side, Behind, Side, Cross

&1-2 Step left beside right. Rock forward on right. Recover back onto left.

3 & 4 Triple full turn right, stepping - right, left, right.

Option Replace turn with right coaster step.

5 - 6 Cross left over right. Step right to right side.

7&8 Cross left behind right. Step right to right side. Cross left over right.