

Sailing

4 Wall Line Dance:- 32 Counts. Intermediate Level.

Choreographed by:- Jo & John Kinser (UK) March 2006.

Choreographed to:- 'Sailing' by Rod Stewart (64 bpm) from Greatest Hits Album (32 count intro).

Tag:- There is a 2 count tag at the end of Wall 4.

Section 1 Side, Back Rock, Step, Step Turn Step, Step Lock Step, Rock, Back Step

1 - 2 & Step left to side. Rock right back behind left. Recover on left.

3 - 4 Step right forward. Step left forward.

& 5 Turn 1/2 right stepping onto right. Step left forward.

6 & 7 Step right forward. Lock left behind right. Step right forward.

Option:- 6&7: full turn left - 1/2 stepping right back, 1/2 left forward, right forward

8 & 1 Rock forward on left. Recover onto right. Step left back.

Section 2 Sweep, Sweep, Sweep & Cross, Rock & Cross, Turn Turn Cross

2 - 3 Sweep right around and step back. Sweep left around and step back.

4 & 5 Sweep right around and cross behind left. Step left to side. Cross right over left.

6 & 7 Rock left to side. Recover onto right. Cross left over right.

8 & Turn 1/4 left stepping right back. Turn 1/4 left stepping left to side.

1 Cross right over left.

Section 3 Turn, Turn, Step, Rock Turn Step x 2, 1.3/4 Turn

2 & Turn 1/4 right stepping left back. Turn 1/4 right stepping right to side.

3 - 4 & Step left forward. Rock forward on right. Recover onto left.

5 Turn 1/2 right stepping right forward.

6 & 7 Rock forward on left. Recover onto right. Turn 1/2 left stepping left forward.

8 & Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward.

1 Turn 1/4 left stepping right to side.

Option:- 8&1: walk forward right & left, turn 1/4 left stepping right to side.

Section 4 Back Rock Side x 2, Sway, Sway, Back Rock

2 & 3 Rock left behind right. Recover onto right. Step left to left side.

4 & 5 Rock right behind left. Recover onto left. Step right to right side.

6 - 7 Sway left, transferring weight. Sway right, transferring weight.

8 & Rock left behind right. Recover onto right.

Tag:- Danced once at end of Wall 4:

1 - 2 Step left to side with sway. Sway right, transferring weight.