

The Boys Are Back

Choreographers : Anne and Steve, Heroes and Villains, Cheltenham, UK (6.03)

Dance written for: The Boys Are Back In Town by The Busboys (film soundtrack '48 Hours'). 154 bpm - start on vocals!

Line dance: 2 wall CONTRA 96 count Improver level. Start facing rows and in gaps, quite close so that you pass through the other row when doing the grapevines.

(Written to be danced for FUN – with some reminders of the 'Old Days' !)

SHIMMY RIGHT, LEFT; 'ACE'

1&2 Step right to right side as you shimmy shoulders

3&4 Transferring weight on to left shimmy shoulders to left side

5-6 With feet still apart and moving upper body only 'dip' right shoulder forward, 'Dip' left shoulder forward

7-8 Take left shoulder back as you start to straighten body, straighten body fully as you take right shoulder back

(hands on front of thighs and moves are similar to the old Status Quo moves!)

SHIMMY RIGHT, LEFT; 'ACE'

Repeat above 8 counts

R SIDE SHUFFLE; ROCK; RECOVER; L SIDE SHUFFLE; ROCK; RECOVER

1&2 Step right to right side, close left beside right, right to right side

3-4 Rock back on to left toe, recover weight forward on to right

5&6 Step left to left side, close right beside left, left to left side

7-8 Rock back on to right toe, recover weight forward on to left

R VINE WITH 1/4 TURN, L VINE WITH STOMP

1-2 Right step to right side, left cross behind right

3-4 Making 1/4 turn right step forward on right, left touch beside right

5-6 Left step to left side, right cross behind left

7-8 Left step to left side, right stomp in place (feet apart)

'MACARENA'

1-2 Place right arm forward with palm down. Left arm forward with palm down

3-4 Turn right hand over (palm up), turn left arm over (palm up)

5-6 Place right hand on to left shoulder, place left hand on to right shoulder

7-8 Place right hand on right buttock, place left hand on left buttock (these moves should all be done with feet apart and LOADS of 'attitude!')

HIP ROLLS MAKING 1/4 TURN LEFT, HIP BUMPS

1-4 Rolling hips anti-clockwise make 1/4 turn left over 4 counts

5 Step right slightly to right side as you bump hips right

6 Stepping in place with left (keep feet apart) bump hips left

7 Stepping in place with right (keep feet apart) bump hips right

8 Stepping in place with left (keep feet apart) bump hips left

SIDE, BEHIND, SIDE, SIDE, BEHIND, 1/4 TURN, STOMP, HOLD

1-2-3 Right step to right side, left cross behind right, right to right side

4-5 Left step to left side, right cross behind left

6-7-8 Make 1/4 turn left as you step forward left, stomp right to right side, Hold

BEHIND, SIDE, SIDE, BEHIND, 1/4 TURN, STOMP, STOMP, HOLD

1-2-3 Left cross behind right, right to right side, left to left side

4-5 Right behind left, make 1/4 turn left as you step forward left

6-7-8 Stomp right to right side, stomp left in place (feet apart) Hold

TOE STRUT JAZZ BOX WITH FINGER SNAPS

- 1-2 Step right toe across front of left, step down and place weight on right heel
- 3-4 Step back on left toe, place weight on left heel
- 5-6 Step right toe to right side, place weight on right heel
- 7-8 Step left toe forward (into open 5 th position), place weight on left heel
(Snap fingers with attitude as you place weight on heels)

R SIDE SHUFFLE; ROCK; RECOVER; L SIDE SHUFFLE; ROCK; RECOVER

- 1&2 Step right to right side, close left beside right, right to right side
- 3-4 Rock back on to left toe, recover weight forward on to right
- 5&6 Step left to left side, close right beside left, left to left side
- 7-8 Rock back on to right toe, recover weight forward on to left

TOE STRUT JAZZ BOX WITH FINGER SNAPS

- 1-2 Step right toe across front of left, step down and place weight on right heel
- 3-4 Step back on left toe, place weight on left heel
- 5-6 Step right toe to right side, place weight on right heel
- 7-8 Step left toe forward (into open 5 th position), place weight on left heel
(Snap fingers with attitude as you place weight on heels)

R SIDE SHUFFLE; ROCK; RECOVER; L SIDE SLIDE WITH TOUCH

- 1&2 Step right to right side, close left beside right, right to right side
- 3-4 Rock back on to left toe, recover weight forward on to right
- 5-6-7 Take long step to left side, Drag right towards left over 2 counts
- 8 Touch right beside left

START AGAIN

THE ENDING: After 3 complete repetitions of the dance start again from the Toe Strut Jazz Box (count 65) and you will end the dance with a flourish on count 96!